



# WEST DES MOINES HUMAN SERVICES

The ♥ of the Community

139 6<sup>th</sup> Street ■ P.O. Box 65320 ■ West Des Moines, Iowa 50265

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[www.wdmhumanservices.com](http://www.wdmhumanservices.com)

## 2015 NEEDS LIST

**West Des Moines Human Services** has been compassionately helping people in need since 1979. As a department within the City of West Des Moines, we are a non-profit agency that provides necessary assistance to **low-income, elderly and disabled individuals** in our service area. For more than 35 years, we have provided assistance to community members to ensure their safety, and to improve and enhance their quality of life.

**Following are some of our needs. Most items can be new or in good, gently-used condition.  
We ask that all donations be placed in bags or small boxes.**

### Personal Care Items (regular & trial sizes):

- Shampoo & conditioner
- Toothpaste & toothbrushes
- Soap
- Deodorant
- Laundry detergent
- Toilet paper & Kleenex

### Baby/Toddler Items:

- Diapers, pull-ups & diaper wipes
- Baby formula (sealed) & food
- Toys in good, clean condition
- Baby equipment

### Clothing:

- Children's clothing & shoes (ages birth through teen)
- Adult clothing, shoes & purses

### Household Items:

- Sheets & blankets
- Bath & hand towels
- Toys & books (all ages)
- Kitchen supplies (pots, pans, utensils, silverware, etc.)
- Lamps and small appliances (toasters, blenders, etc.)

### Other:

- Gift cards for groceries, gas or household items
- Non-perishable food items
- School supplies/backpacks (July/August) & new toys (December)

### Most Needed Food Items:

- Canned fruit
- Canned vegetables
- Peanut butter
- Pasta or egg noodles
- Brown rice
- Soups
- Spaghetti sauce
- Fruit Juice
- Cereal
- Canned tuna or chicken



**Donations are accepted at our office at 139 6<sup>th</sup> Street in  
West Des Moines between the hours of 8 am to 4 pm, Monday through Friday.  
Donation receipts are available for tax purposes.**

**Thank you for supporting West Des Moines Human Services!**